

# COACHING FUNDAMENTALS



## Materi :

### 1. Awakening Possibility

- Ekspetasi
- Struktur program
- Apa itu Coaching?
- Berbagai jenis Coaching
- Apa itu NLP, Neuro-Semantics and Meta-Coaching.
- Kuadran aktualisasi diri

### 2. Relationship of Trust

- NLP/NS Pre-Suppositions
- Pikiran ke Muscle Pattern
- Rapport/ Pendukung
- Representasi Sistem
- Mendengarkan

### 3. Magic Conversations

- NLP/NS Pre-Suppositions
- Pikiran ke Muscle Pattern
- Mengakses isyarat mata
- Distorsi Kognitif
- Terbentuk hasil baik

## Informasi program :

- ✓ Peserta : Umum
- ✓ Durasi : 3 hari (08.30 – 18.00)
- ✓ Fasilitator : Mariani Ng & Team METAMIND.



## Mariani Ng

- Executive Coach
- Founder of PT.METAMIND Tata Cendekia
- Director of Meta-Coach Foundation Regional Indonesia

## Pendaftaran :

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